

Circular Solutions for refugee's integration in Europe										
Module	About	Circular Economy	Skills	Partnership and Collaborators	Budget	Materials	Design Activity	Logistic	Communication	Evaluate
Module on Circular Fashion	The Circular Fashion Module, aims to teach individuals about upcycling – a process that turns worn-out or damaged clothing into valuable pieces through creative transformation. This method not only revitalizes old clothes but also offers a sustainable alternative to conventional shopping by patronizing thrift stores, charity shops, and swapping platforms. As attitudes shift towards valuing sustainability and circular practices, thrift shopping gains momentum as a statement against consumerism, fostering a more environmentally conscious approach to fashion consumption.	Reuse Repair Upcycling	Innovation and creativity Entrepreneurship and business							
Module on Repair	The Repair Module aims to guide trainers in creating workshops for diagnosing and fixing Electrical and Electronic Equipment (EEE), encompassing devices dependent on electric currents or electromagnetic fields to function. EEE includes items for generating, transferring, and measuring these currents and fields, with voltages up to 1,000 volts for alternating current and 1,500 volts for direct current. The module focuses on providing guidelines for EEE-specific diagnostic and repair processes.	Repair	Innovation and creativity Collaboration and teamwork	A comprehensive mapping effort was conducted, encompassing second-hand stores and repair projects in all participating countries, including Greece, Spain, Italy, Portugal, and Cyprus. This initiative was designed not only to promote wider dissemination of information but also to facilitate enriching exchanges of experiences across these diverse cultural and geographic contexts. The meticulous analysis of each location and project allowed for a deeper understanding of circular economy practices throughout the region, resulting in valuable insights for future collaborative initiatives and the continuous improvement of these activities.	The project was funded by initiatives from public organisations. This made it possible to divide up the funding between the participating organisations and thus achieve a division of tasks, responsibilities and collaboration.	The materials for the activities were carefully selected with a view to reducing waste, avoiding the need to purchase new resources whenever possible. For the repair and sewing activities in Lisbon, a partnership was established with FabLab, a collaborative space with all the essential materials for repairing household appliances and working with fabrics and sewing. In addition, in the sustainable food module, a partnership was established to rent a specific space and we opted to buy all the products and food from local markets, thus helping to strengthen the local economy.	This module was organised for participants with no previous or basic knowledge or experience in sewing. The training plan was divided in 3 sessions: First Session 30min - Presentations: sharing some informations 30min - Basic concepts of security 15min - Basic concepts about the tools 30min - How an EEE with an electric rotary engine functions 15min - Detect malfunctions and main types of problems 1h - Repair a hand blender or a fan Second Session 30min - How an EEE with a resistor functions 30min - Detect malfunctions and main types of problems 30min - Differences between types of energy (alternating current, direct current and static) 30min - Repair a toaster 1h - Repair of different types of EEE in groups Third Session 30min - Basic concepts of soldering 1h - How an electronic circuit on an EEE works 1h - Repair a coffee machine 2h - Work in groups: perform a diagnosis, repair and present the process	The activities need to take place in a room with tables, chairs, computer and projector, all the tools, equipment and materials.	The activities were designed primarily for the target audience of the project in partnership with the Refugee Reception Centre. We also sought to publicise the activities in other partner centres and associations with the same target audience. The project was communicated through social networks in the three main languages (Portuguese, English and Arabic). There was also a final event with the aim of disseminating information to the target audience and publicising the manuals created in each module and all the results obtained from them.	The activities were evaluated by capturing feedback from the participants, through their reports and experiences. Photographs and a final video for dissemination. Travelling to exchange experiences in each country involved in the project was also a way of evaluating and disseminating information. There was also a final report which included some quantitative data to evaluate the activities: Number of registrants; Number of participants; Number of organisations involved; Number of participants in the final event.
Module on Sustainable Food	"Food is a window into another culture", forming an important part of cultural identity and, therefore, this was the first aspect considered to develop this training: the context and needs of the participants, refugees, asylum seekers and migrants, going through an integration process in a European host country. This process entails emotional situations that can generate a difficult relationship with their own culture and with the new culture of the host country. Emancipate, value and raise awareness about the knowledge and skills the participants already possess; Show that the participants' culture is known, appreciated, and valued in the host country, even from a business perspective. This means participants can capitalize their knowledge and culture, generating economic value for themselves; Share basic information about nutrition, skills and knowledge to foster healthy eating habits and lifestyles, based on local culture and products as a way to integrate the participants in the host community.	Rethink Reduce Reuse	Innovation and creativity Collaboration and teamwork							
							This module was organised for participants with no previous or basic knowledge or experience in sewing. The training plan was divided in 3 sessions: First session: Technical cookery class with expert trainers and talks with the participants about local food culture, how to cook without waste and make the most of the ingredients. A time to get to know each other, exchange experiences and create a shopping list of ingredients for the next stage. Second session: Visit to local markets to see products from different regions and learn more about logistics and how they work. Third session: Participants are responsible for cooking and putting into practice all the lessons learnt in the previous sessions. A time for socialising.			